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Press/Media Kit

AUTHOR: Teresa Tomeo

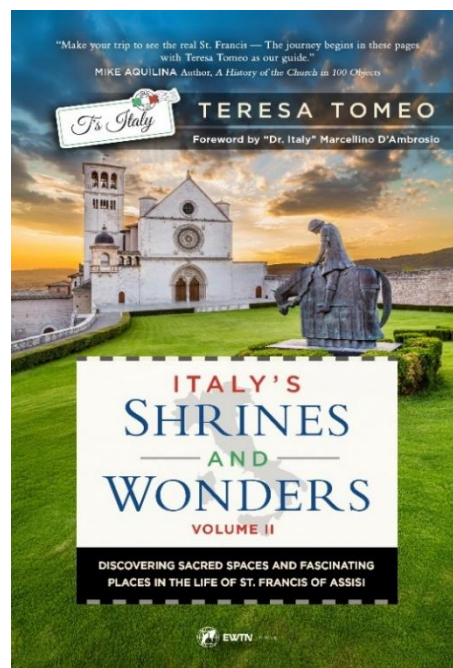
TITLE: *Italy's Shrines and Wonders: (VOLUME II)*
Discovering Sacred Spaces and Fascinating Places
in the Life of St. Francis of Assisi

PUBLISHER: EWTN Publishing (June 16, 2026)

FORMATS: Paperback Book / eBook

FOREWORD BY: “Dr. Italy” Marcellino D’Ambrosio

PURCHASE LINKS: [EWTN Religious Catalogue](#)
[Amazon](#) / [Barnes and Noble](#)



AUTHOR SOCIAL MEDIA:

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ABOUT THE AUTHOR: Teresa Tomeo is an author, syndicated Catholic talk-show host, and motivational speaker with more than forty years of experience in TV, radio, and newspaper. In 2000, after 20 years as a reporter in the Detroit market, Teresa left the secular media to start her own speaking and communications company, Teresa Tomeo Communications ([TeresaTomeo.com](#)). Her weekday morning radio program, *Catholic Connection*, is produced by the EWTN Global Catholic Radio Network and heard on more than six hundred Catholic radio stations worldwide and on the Sirius Satellite Network. In 2019, Teresa opened her own Italy travel consultation company, *T's Italy* ([TravelItalyExpert.com](#))—coaching visitors to Italy on where to eat, stay, shop, play, and pray during their visit. Authoring over a dozen books, including her best-selling *Italy's Shrines and Wonders: Discovering Sacred Spaces, Fascinating Places, and Destinations off the Beaten Path*, published by EWTN Publishing, Volume



II, *Italy's Shrines and Wonders: Discovering Sacred Spaces and Fascinating Places in the Life of St. Francis of Assisi* released in June 2026 and is available now. As host of the popular “*Saints in Italy*” EWTN Learn series, her second series, “*The Unknown St. Francis of Assisi*”, released April 2026, journeys through the stunning hills of Umbria, Lazio, and Tuscany, walking in the very footsteps of this beloved saint. After exploring almost every region in Italy, Teresa and her husband, Deacon Dominick, purchased a home there in 2023, and they now live in central Italy for half of the year. This allows Teresa to continue to travel extensively throughout all of Italy. She and her husband also give marriage and diaconate retreats around the world.

“What a joyful, insightful and downright helpful guide! Teresa helps us all better know and understand the man — and the places associated with him — who resembled Jesus more than any other in history.”

— Fr. John Riccardo, Founder of Acts XXIX Ministry, [www.actsxxix.org](#)



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Short Intro Bio: Teresa Tomeo is an author, syndicated Catholic talk show host, and international speaker. Her weekday morning radio program, *Catholic Connection*, heard on over 600 Catholic radio stations worldwide, is produced by the EWTN Global Catholic Radio Network. She opened her Italy travel consultation company, *T's Italy* (TravelItalyExpert.com) in 2019 and coaches visitors to Italy on where to eat, stay, shop, play, and pray. She has authored over a dozen books and released her best-selling book, *Italy's Shrines and Wonders: Discovering Sacred Spaces, Fascinating Places, and Destinations off the Beaten Path in 2025. Volume II, Italy's Shrines and Wonders: Discovering Sacred Spaces and Fascinating Places in the Life of St. Francis of Assisi*, released in June 2026.

NOTE! Press Kit and Media Highlights are available [HERE](#).

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Talking and Discussion Points

- *Known as the “Saint of Peace”—how we can model after his life of prayer inviting everyone to “Make Me a Channel of Your Peace,” especially during times of conflict.*
- *Get to know the Real St. Francis! This book is not only a travel guide to Italy that features all the important places St. Francis walked and lived throughout Italy, but provides an insight into this great saint’s humble heart and deep love for Christ.*
- *St. Francis, the first recorded stigmatist, bearing the physical wounds of Christ on his body, embraced suffering heroically. How can we embrace Christ’s cross and turn to God, like Francis did?*
- *Perseverance seemed to be Francis’ middle name. He worked tirelessly, no matter what difficult circumstances came his way, to help rebuild the Church through his loving devotion to Jesus Christ, being sustained by a deep life of prayer and dedication to the Holy Eucharist.*
- *How St. Francis is beloved among people of all faiths for his serving the poor and respect of God’s creation.*
- *St. Francis is considered to have had an impact on the world more than any other saint in history. (e.g. The world’s largest religious media outlet, EWTN, was founded by a Franciscan nun, Mother Angelica.)*
- *The significance of the exhumation of St. Francis’ bones in February/March 2026 by the request of Pope Leo XIV, who has declared 2026 the Jubilee Year of St. Francis.*

“Teresa Tomeo not only speaks with authority; she is a master storyteller. When discussing Francis’ conversion, she talks about her own. Her sincerity shines through, making this much more than a travel book—it is a moving testimony of the power of her faith.”

—Bill Donohue, President, Catholic League for Religious and Civil Rights



Unique Features About This Book

- Teresa Tomeo, is an *F.B.I. (Full Blooded Italian)*, Italy travel expert, and part-time Italy resident. She walks with you through the Italian countryside following in the footsteps of St. Francis of Assisi, one of the most beloved saints in history—who was a mystic, miracle worker, and the first recorded stigmatist.
- Learn about the inspiration and deep convictions behind St. Francis’ founding the Franciscan Order, and how he worked tirelessly to rebuild the Catholic Church through his service to the poor.
- Combining a travel guide with a deep dive into St. Francis’ life, Teresa offers insider travel tips, must-sees and dos, and intimate glimpses into the unknown life of St. Francis.
- Journeying through sacred spaces and fascinating places in Umbria, to Francis’ beloved Assisi, his hometown and burial place. Then continue your travel with Teresa to Rivotorto and Spoleto, key places in Francis’ conversion, then La Verna in the Tuscany Region, and Greccio in the Lazio Region, the birthplace of the first Nativity scene where you learn about Francis’ deep love for the Incarnation.
- Learn more about the 800th Anniversary of the death of St. Francis, why Pope Leo XIV has declared it a Jubilee Year, and what we can gain from this.
- Be inspired and grow closer to Christ through the eyes of St. Francis of Assisi during this special Jubilee Year of St. Francis.
- How a journey to the breathtaking sights of Assisi, and other Italian towns, can renew one’s faith and be life-changing. Hear from Americans who sold everything and moved to Assisi because of devotion of this great saint.
- How best to discover the beauty & richness of Italy, even if you aren’t able to travel there physically. Learn about the amazing architecture, history, artifacts, Italian traditions and sites —such as the largest Christmas trees in the world—both on land and in water.
- Learn about those closest to St. Francis, his other companions, and other saints in nearby regions, such as Saints Clare and Agnes of Assisi, and Saints Rufino, Ubaldo, Bernardine, and Carlo Acutis.
- Discover how St. Francis tamed a wolf, created the first Nativity scene, spoke to animals, & was given the Stigmata, Christ’s physical Wounds, all because of his deep faith and total surrender to God.

“Make your trip to see the real Francis — beyond the caricatures and legends — and you’ll see why his personality had the power to change his world. It still has that power, and it can change yours and mine. The journey begins in these pages with Teresa Tomeo as our guide.”

**—Mike Aquilina,
Author**

*A History of the Church
in 100 Objects*